

# **MANIFESTOS**

## **2015/16**

## Name: Will Clay

### Nominated Position: President

I'm Will and I'm running for LUSUMA President 2016/17.

I've been part of LUSUMA since October 2014 and I can say I've thoroughly enjoyed my time so far. My time as Social Secretary has introduced me to so many people I wouldn't have met otherwise, and I've had to stretch my abilities to previously unknown lengths. Having the privilege of working with two different Social Secretaries has taught me a lot and I have to thank Shahaab and Charlie for their help, wisdom and frankly embarrassing jokes.

Greg has done a brilliant job with his presidency over the past year, and I'd love to have the chance to continue his good work. LUSUMA is continually growing and developing, and if voted in I would love to help drive this development, helping LUSUMA improve for everyone.

There's a number of things I'd like to achieve if voted in as President:

#### Academic:

- Continue the development of the **academic aids** on lusuma.com
- Initiate, along with the AWI officer, a refining of **LUSUMA revision lectures** and sub-society revision lectures to reflect effective learning techniques, as well as representing the new curriculum.
- Develop **student-led revision OSCEs** for 1<sup>st</sup> years, 3<sup>rd</sup> years and Phase 2 exams, working alongside Clinical Educators and current doctors
- Work with the Phase 2 reps to improve support for **Phase 2 academic societies**

#### Social:

- Help to create a **welcoming environment on socials**, cutting down on peer pressure mentality as per the INTROweek™ feedback;
- Work with the Social Secretaries to further **increase non-drinking socials**, making these a cemented part of the social calendar;
- Consider the University's policy of **no-tolerance on harassment** when organising socials, and how LUSUMA can do its part to stamp out harassment on socials;
- Work with the Media Officer to create **exciting and fun adverts** for upcoming socials;

#### Sport:

- Work with the Sports Secretary and Treasurer to keep the costs of **LUSUMA Sports Passes** down without hindering sports provision for Medics;
- Liaise with Nottingham School of Medicine to deliver a **Medics' Varsity**, following from the fantastic work that Danny has done this year to make this happen;
- Further the efforts to produce **alumni games** for as many sports as possible;
- Re-evaluate the LUSUMA **bookings for sports teams**, so that the sports budget is not drained on unnecessary bookings;

## Welfare:

- Create a standard with which **Medic families** can work, to help iron out inequalities between families and prevent 1<sup>st</sup> years from feeling like they want to be “adopted” by others;
- Partner with the Students’ Union and Faculty of Medicine to look into improving **pre-arrival welfare** delivered to offer holders;
- Continue the **improvement of QualiHelp and QualiBuddy**, and promote peer-assisted learning throughout the student body;

## Phase 2:

- **Improve Phase 1/Phase 2 relations** by ensuring Phase 2 are represented in all aspects of LUSUMA business, including respect of exam dates when planning socials for example;
- Work with the AWI officer to **improve academic support** for Phase 2;
- Organise **Phase 2-specific events** regarding Foundation applications, academic interviews etc, involving Leicester graduates where possible;

## General:

- Increase opportunities for **feedback** on the committee, to ensure continual progression of LUSUMA and validation of its work;
- Bring more value to the **benefits of LUSUMA membership**, without being an exclusive society;
- Continue **improving relations** with the Faculty of Medicine, the University of Leicester and the Students’ Union to offer members the best for their money;
- Improve **communications to the student body**, particularly communications to students without Facebook;
- Work with the Webmaster to **improve lusuma.com** and its tools such as the calendar and news bulletin to keep members up to date;
- Create and develop a new role within LUSUMA for a **RAG secretary**, to increase charitable work done by LUSUMA and its members;

In my short life at Leicester so far, I have met many people and spoken to hundreds of LUSUMA members. Feedback and transparency is so important when in an elected position, and my inherent need to check if everything is alright will drive me forward in making sure LUSUMA continues to be one of the most successful societies in the University.

During my time on LUSUMA I feel I have gained experience of how a committee is run, and attending the National Medical Societies Conference gave me insight into alternatives that could be introduced into LUSUMA. I have enhanced my organisation skills, especially when working in team, and I know this will help me to coordinate a dedicated and hard-working team of elected representatives. Finally, I feel my commitment to improving and pushing LUSUMA forward will help in making me a successful president; one in which you can trust your time in Leicester Medical School will be unrivalled and unforgettable.

Name: Tom Sun

Nominated Position: Vice President (VP)

Hello, my name is Tom and if you haven't met me before, you will have probably heard me yelling from somewhere around campus. I have loved my time on LUSUMA and would be grateful if you helped me to extend that time.

Here's a few things my time as Webmaster has taught me and will help should I become VP:

- Teamwork and enthusiasm are essential to work well with the rest of the committee
- How to work with the students' union to set up various events and pages online
- Communicating with both the faculty and student societies
- Dealing with various people and guiding them during socials and sales

Those who know me will say I fit the Asian nerdy stereotype (study, game, sleep) far too well. Whilst not remotely talented in anything sporty or musical, I'd like to think that I am good with people. A personal goal of mine is to be able to hold a 30-minute conversation with anyone I meet. I would love another opportunity to help the next set of freshers integrate into university life, and also the older years who are part of various LUSUMA sub-societies. I have really enjoyed my time on committee this year and want to help shape LUSUMA so that its members have the best time possible.

### Aims

Having been fortunate to observe Ron during his time as VP, I hope to continue the excellent work he has done and put my own spin on it. I will strive to:

- Continue to acquire and improve sponsorship for all of our events and the benefits and deals they bring
- Ensure that introweek and (meet the parents) remains a highlight of the year, and help those who were unable to fully attend any of the events
- Do everything in my power to help LUSUMA and all of its members
- Work alongside the treasurer to secure funding for our sub-societies
- Work with the secretary to guarantee room booking do not get changed by the SU
- Further expand our range of clothing, looking into tank tops for "Sun's out Guns out"
- Continue Ron's focus on fundraising and charity at major events

Thank you for your time and attention, I hope I have said enough to convince you that I am the best candidate for VP 2016!

# **Will Manning**

## **#1 for 5th Year Rep**

During my time at university I've tried to get involved with a variety of things. I spent a year on the LUSUMA committee as Social Secretary, I have been the University Challenge Team for two years as we attempted to reach the television stage of the competition and I was involved in Introweek this year; without giving it away to others but I am told people weren't sure if I was even acting. If elected 5th year rep I will continue to get "stuck in" with the running of LUSUMA and improving it.

Last year I took at BSc, so I will bring a year's more experience to the role. I have also heard the moans and groans (about LUSUMA and medical school life generally) from my friends in my original year and would bring this to the table. I believe that I am friendly and approachable and I would want to hear your feedback and ideas and pass them on to the committee as a whole, if elected.

### **Out Block Guide**

With the help of others, I would like to produce a booklet for phase II students about the various hospitals we could end up at for placement. This is to help people plan their packing, find their way around town and find out things you wish you knew about before turning up at the accommodation.

### **Junior Rotation Revision Sessions**

Building on the popularity of the Phase I LUSUMA revision lectures, I would like to organise revision lectures and a mock OSCE for Junior Rotation students for the nervy preparation for IPE.

**Let's Make LUSUMA Great Again**

**Vote Manning - Better than Trump, worse hair.**

# JAMIE CARRUTHERS

## TREASURER

Hi, I'm Jamie and I'd like to be your LUSUMA Treasurer for the next year!

The role of treasurer is a huge job, but I am confident that I will be able to do it to the highest standard and keep LUSUMA running smoothly. Being treasurer means that you have to work with everyone, from sub-societies to the SU; this will be no problem for me as I worked in the NHS for the last year in a coordinating role to simultaneously achieve a variety of objectives.

I have previous experience in bookkeeping, including a work experience placement with a firm of Chartered Accountants and completing bookkeeping work for plumbing and hairdressing businesses. I therefore understand the importance of this role and I am confident that I can keep all financial records accurate and up to date.



I consider myself to be very approachable, honest and friendly. I enjoy dealing with people and would consider all requests for funding equally, however, I would not hesitate to reject, contest, or request additional information for unreasonable, frivolous and unauthorized requests. Equally, I would treat all requests fairly and impartially without prejudice in order that all sub-societies get the most out of their funds.

As treasurer, I would take every opportunity to maximize funding and minimize costs, which will allow more funds to go towards events such as the ball and socials.

I think that this year's LUSUMA committee have done a great job and I'd love to be a part of it as your treasurer for the next year!

Thank you for your support.

## **Ollie Blake – Manifesto: Secretary 2016**

Hello, my name is Ollie Blake and I will be running for the position of secretary on LUSUMA for the upcoming year.



### **Responsibilities of the role**

The secretary is part of the executive committee so has an important role in making decisions about the society. A key responsibility for the secretary is organising LUSUMA meetings, where they must decide the agenda, book the room and record minutes. Additionally, they must communicate with sub societies and keep track of LUSUMA memberships by keeping an up to date list of members and ensuring these members get LUSUMA cards. Finally, the secretary is involved in making the Leicester medic magazine to introduce the fresher to life at medical school.

### **Why me?**

I feel that I would be suited to the role as I am very organised, confident and will make sure to commit to the role by putting time and effort into everything I do. At my school, I was on the Sixth Form Council for 2 years and this has given me experience in some of the responsibilities the secretary has, such as organising meetings and recording minutes at these meetings. Alongside this, playing many sports has helped to improve my teamwork and communication skills which will be important over the next year.

Mentoring younger students in my school has given me an insight into providing educational and social support. I am an approachable and welcoming person and would be happy to help new students with any problems they face and make sure they have a great time in introweek!

I look forward to being involved in the making of the medic magazine that helped to re-assure me and give me a more accurate picture of what life at University would be like. I also can't wait to help organise events in introweek and ensure that the freshers have an enjoyable experience.

### **What I would do?**

I will continue the great job that Elinor has done and there is little I'd change about how the role is carried out. I will support the other committee members and always make sure that everyone on the team is fully involved. I would like to keep in contact with the potential freshers as much as possible, using the medic magazine but also through Facebook by answering any questions they have. I think it will be great to work on a team like LUSUMA where I can try to emulate the efforts put in for the events this year and make the upcoming year just as good! It will also be a great way to meet new people and give back to the society that helps so many of us.

If anyone has any questions for me, then they can talk to me or send me an email to [otb2@student.le.ac.uk](mailto:otb2@student.le.ac.uk). Thank you!

# **Simon Cowell**

The only choice for 4<sup>th</sup> year...no genuinely I'm the only choice

After serving as social secretary for a year I decided that was enough LUSUMA for me. But after nearly two years of not being on the committee I am beginning to miss it.

With doing a BSc this year I have good links to my original year and the one I'm going in to. This allows for both the 4<sup>th</sup> and 5<sup>th</sup> year roles to blend a lot more and work more efficiently.

I've also spent this year really focusing on my gin knowledge so if you have any questions regarding the juniper-flavoured spirit I am contactable.

## **Phase II Socials**

These need promoting more, need to be more frequent and need to be more varied.

## **Outblock Hints/Tips**

Produce a document on each of the places you might be placed when not in Leicester like Northampton, Kettering etc. Handy information such as where to get your hair cut, which consultants are really helpful and of course where the good pubs are located.

## **OSCE Guide**

I think what gets most people stressed about OSCEs is the fear of the unknown and having a guide of what to expect with the 1<sup>st</sup> year, PPE, IPE and finals OSCE would alleviate some of the worry. Not a cheat sheet, just a list of things to focus on and the format.

**Everyone likes Ron...no one likes R.O.N**

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# ELLIE GORE

## BALL SECRETARY MANIFESTO

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Hi, I'm Ellie and I'm hoping to be one of your Ball Secretaries for next year.

The annual balls are two of the most eagerly anticipated social events of the medic calendar. What's not to love about glamming up, letting your hair down and enjoying a night of dancing and consuming food/alcohol that didn't come from ASDA's smart price range? I am passionate about filling the above criteria (and then some) to ensure that everyone has the best time possible and the winter and summer balls of 2017 will go down in history!



After attending the winter ball this year it is clear that in undertaking this role I will have big shoes to fill but the amazing work done by the current ball secretaries has inspired me and I would love the opportunity to embrace this challenge.

So, why should you vote for me? To this role I will bring my never faltering optimism and determination; I will give my utmost to ensuring the balls are a success and there's something for everyone to enjoy. I am an extremely organised person, I'm not ashamed to admit that a colour co-ordinated excel spreadsheet is nothing short of my idea of perfection! I feel it's important that everyone gets the most for their money and I'm not afraid to drive a hard bargain to do so. When travelling in India (apologies for the "gap yah" story telling) I became well versed in the art of haggling, paying attention to the smallest details to get the best deal available. In addition I consider myself to be outgoing, easy to get on with and always up for a laugh and having fun – trust me, I've had the shabangovers to prove it! It's due to this friendly attitude that I'm looking forward to welcoming the freshers during introweek and ensuring that they fit in – I was so appreciative of LUSUMA when I first arrived and I'd love to be involved next year.

As the balls are such huge events, I want everyone to feel as though their views have been heard to make the night memorable. In my previous experience as a senior prefect I took pride in organising the school council in a way that got student's views heard and the issues of most importance raised amongst the council and with senior staff. Using forums on social media and a physical suggestion box of sorts (for those of us who prefer to be old school) I will aim to get a rounded view of what everyone wants out of their balls.



This year's winter ball was such a success that it's already sparked many conversations about the balls of the future and some ideas I have are as follows:

- The charity aspect is a key part of the evening and I'd be interested in having more activities with the proceeds going to a worthwhile cause.
- The awards are a great opportunity to get involved and I feel they could be taken one step further with more varied categories.
- Deciding the theme of the ball is a great chance to be creative, without wanting to jump the gun I already have a few preliminary ideas such as: Carnival – with some fun fair style stalls; winter wonderland; Hawaiian – with cocktails in coconuts; and a 1920's speak easy.

Thanks for taking the time to read my manifesto, any support is greatly appreciated. If you have any queries I'm always happy to have a chat, I can usually be found in the IV but also feel free to email me at [efg5@student.le.ac.uk](mailto:efg5@student.le.ac.uk)



# Tim Ricketts for...

Academic, Welfare and International representative

## *Why me?*

Throughout my time in education, I have always been drawn to facilitating the learning of others, whether it be through one to one teaching, or the organisation of revision sessions both teacher and peer led. As academic rep, I'll enjoy the opportunity to pursue this passion at a whole new level, especially with the challenges of a new curriculum.

## *What will I do?*

- Make improvements to the medic family system, such as putting parents and children in contact before term starts.
- Work with current international students to make the shock of moving country more smooth for new students
- Work to improve access to CTF resources, they make materials that are incredibly useful, but are often very hard to obtain.
- Always be available as a friendly face to new and current students alike

# FREDDIE McGEE

Media Officer Candidate



[New LUSUMA Logo & Brand Identity](#) | [LUSUMA Meeting Summaries & Improved Transparency](#) | [Regular Update Email](#) | [LUSUMA Instagram](#) | [Better Twitter Presence & Activity](#) |

Hi guys! I'm Freddie and I'm running for the Media Officer role within LUSUMA. Firstly, I would like to thank the current Media Officer, Emily, for all her great work and I hope to continue the role with the same level of commitment. In terms of experience I could bring to the job, I am a proficient photographer and I'm also familiar with graphic design so I will make sure that the LUSUMA magazine is produced to the highest standards. I have many ideas that I hope to bring to the position, aside being the photographer, such as a logo redesign that is consistent with the new

university logo and better brand consistency across all social media and LUSUMA communications. I will look into introducing a LUSUMA Facebook page and Instagram account that will tie into the LUSUMA twitter account. If you elect me as Media Officer, I will ensure there is more transparency between LUSUMA and everyone else through more frequent updates.

Thanks!!

[#MCGEEFORMEDIA](#)

# CONNORPUTNAM

Webmaster Candidate



Hi, I'm Connor and I'd like to be your LUSUMA webmaster for the next year. Tom Sun has been hard at work designing a new website. I've had the opportunity to have quick peak and I have to say, it looks amazing! I too share the ambition of Tom Sun, "With the new Centre for Medicine under construction, and UoLs new logo, now is the time to revamp LUSUMA's online presence". It is important that LUSUMA keeps with the times, whilst maintaining its heritage.

The new website has been built using Weebly, which I have extensive experience in using, having redesigned my school's library website using it. Using Weebly will be beneficial for the future: it is easy to use and means the role of Webmaster will be accessible to a much larger range of candidates, without the need for knowledge of much HTML, PHP and CSS. This means that ideas and creativity can be expressed on the website more easily.

1

## Improved Sports & Societies Webpages

I would like to create accounts on the new website so that team captains/ society presidents can login and keep their team's/ society's information up-to date. This could include news, awards and important fixture/event information. Team/society social media accounts could also be embedded onto their respective pages.

## Medic Magazine Redesign

I hope to work together with the Media Officer to create a LUSUMA 'house design' for the magazine, as well as regularly post online-friendly viewable editions of the magazine.

2

3

## LUSUMA Welcome Video for Intro Week

I'd like to hear your ideas and invite you to get involved with investigating how we can use technology to improve Intro Week, including the possibility of filming a video tour of the new medical school and a 'Survival Guide'.

## Polls & Feedback

I'd like to work with the Secretary and Media Officer to put the minutes of LUSUMA meetings online, in a new intuitive way, with the opportunity for feedback and polls for LUSUMA members.

4

5

## Maintenance of New Website & Continued Technical Support

I pledge to make myself available for technical support for all LUSUMA affiliated groups and to maintain and upgrade the website throughout my tenure. I will also ensure I am available and approachable for the new intake during intro-week.

#CGP4WEBMASTER

If you have any questions, please don't hesitate to contact me at:  
[cgp9@student.le.ac.uk](mailto:cgp9@student.le.ac.uk)

# Muneebah Hafejee

## Sports Secretary

Hi everyone. I would love to have the privilege of being your LUSUMA sports secretary. I have a lot of experience that I could bring to the role, as I have taken part in over ten different sports since being at school...yes I am a huge sports fanatic! With the demands and stresses of medicine, my aim is to encourage students of all abilities to play sport and reap the benefits, whether it's to keep fit, meet new people or play competitively.

### Myself and sport:

- At school, I would always get involved in any sport that was available to me, especially netball (placed fifth in England in year nine), rounders, athletics, hockey and cricket (where I played for the boys team). I have also coached basketball and hockey for all abilities, as well as having designed sports games for elderly people at a care home a few years back (proof that anyone can get involved!). By taking part in a variety of ways, it has given me the ability to understand the perspective of sportspeople at all levels, in addition to appreciating why some people are more reluctant to take part. I would ideally aim to distribute funds evenly and fairly across all teams.
- Currently, I play medic basketball, hockey and cricket and university mixed hockey. This has given me a good idea of how fixtures, sessions and joining a club work therefore if anyone was ever unsure, I would be able to advise appropriately.



### General:

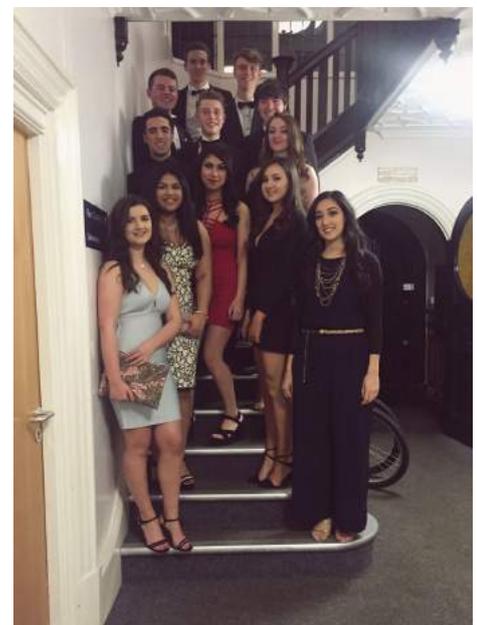
- In my opinion, being approachable and friendly is very important when promoting sport; being head girl at school and the current ladies vice captain for medic cricket has helped me to improve these skills.
- I am organised, self motivated and have good time management, which will enable me to effectively handle setting up events; such as sports night and varsity.

### My aims for LUSUMA:

- Surveys: a chance for everyone to have a say, put forward their ideas and ultimately increase involvement of all abilities. It will allow a frequent review of participation levels and any potential changes needed.
- Promote sport for everyone: especially amid those who are beginners or aren't as confident.
- Freshers involvement: strive to make sports night enjoyable for both drinkers and non-drinkers and also emphasise the benefits of the medic sports pass price compared to university sports.
- Aid in the development of new sports teams if there is enough interest.
- Organise varsity next year (I hope you're all as excited as I am for this year's varsity!).
- Continue the great work put in by the previous sports secretaries.
- No clashing of fixtures and tournaments: endeavour to make sure that fixtures between sports don't overlap and additionally, ensure that major tournaments are at a time suitable for all year groups.

**Thank you for taking the time out to read my manifesto!**

**If you have any questions, feel free to email me on [mh461@student.le.ac.uk](mailto:mh461@student.le.ac.uk), message me on Facebook or talk to me in person. 😊**



Name: Saba Salim  
Nominated position: Graduate Representative

I believe that I'm an exceptional candidate for the Graduate Representative role for the following reasons:

- I'm a graduate student (obviously!) -- I did an undergraduate degree and then worked for a few years before coming back to uni to study on the graduate programme. This means I can relate to and understand the difficulties facing a range of individuals returning to student life.
- So far, I have immersed myself in all the curiosities of being a medical student (basically, all the fancy dress opportunities).
- I am experienced in event planning and organisation. My group's nickname for me is 'admin'; it's probably a Belbin type.

Medical school can be pretty stressful, and so it is important that students have ways to relax that are at least as effective as Prof. Hale's soothing voice. Therefore I pledge to:

- Ensure that graduate students on the 4 and 5 year programmes are adequately represented on LUSUMA.
- Organise graduate-specific events, whilst also ensuring that the 2 cohorts are able to integrate.
- Work with graduates in phase 1 and 2 to ensure they are able to attend events.
- Provide adequate support to new graduate students, for example during chem week.

Let's be honest, I'll never be able to exceed Lord Stubbing's inimitable performance as grad rep, but I'll give it a good go.

# Tom Collicott

## Social Secretary



With the stress and demand of a course such as Medicine, we rely on being able to kick back and relax in a way only medics know how. What does it take it to be a LUSUMA social secretary? Is it the ability to play a devastating cover drive in corridor cricket? I hope so. What about spending so many hours stuck to the O2 Academy's floor, I consider myself a resident? Possibly. I am passionate about bringing people closer together, creating memorable events with memorable people to make this whole 'degree' malarkey a little easier to bear.

### What I would keep the same

- Liaison with the Rockstar team, providing tickets for more LetzDisco and Shabangovers than its humanly possible, among other events.
- *The Masterworks* – Making sure PJ pub crawl, Pub Golf, Camera social, and all other tried and tested classics are delivered exquisitely as they have been for me.
- Making sure that the other social secretary becomes my other half, and that our partnership can be compared to some of the greats such as the Bryan brothers, the Kray twins, Ant and Dec, and of course; Clay and Trollope.
- Sober socials – very important and highly appreciated for those wanting a different experience than that of a VK in both hands.

### Improvements

- Introducing socials to get the graduates involved with the undergrads, the Oadby to the city living. Crush the Divide.
- Variation in venues. Securing discounts and partnerships throughout clubs and bars in town, increasing the radius of where we will all be dropping our shapes.
- Bigger hype and added publicity to the extracurricular events, such as Medics Revue which was simply brilliant!

Any questions, please email [tc217@student.le.ac.uk](mailto:tc217@student.le.ac.uk) or hit me up on Facebook or twitter.

Or come find me lurking around the MSB. My tall lanky frame, makes me somewhat of a beacon to those who are looking for me.

Much love

# Moiz Shakeel for Social Secretary

## A message for my fellow medics:

It has been brought up to my attention that the role of social sec needs to be filled. Years of training and constant struggle have prepared me for this moment in my life. This is the role for me and I'll show you why.

You may have noticed me selling tickets in Oadby or the IV Café for the past few months. This is because if you didn't already know, I am your 1<sup>st</sup> Year Representative and already have been undertaking in one of the not so glamorous jobs of the role. However, I find it to be an amazing time nonetheless as I can meet and talk to everyone even if it is for the 30 seconds at a time. I love every single one of you and I am happy to do any job with a smile on my face.

I feel at home thousands of miles away and that's because of all of you. I want to make sure everyone has the time of their lives next year just as I did this year. It's my way of thanking all of you!!!



## **What do I want to do?**

- **IMPROVE NON-DRINKING SOCIALS**
  - Many of us do not drink and I want to make sure that **EVERYONE** gets the same fun experience regardless of their choice to drink. I want to make sure it's not just an afterthought as it is now.
- **BAR CRAWLS**
  - I along with many others agree that a lot of people enjoy bar crawls. I want to introduce **ANOTHER** bar crawl alongside the existing to make sure you have even more things to look forward to throughout the year. I also want to get even better deals on the existing bars to make sure they are **CHEAPER** than ever before!!
- **INCREASED AWARENESS BEFORE EVENTS**
  - Sometimes we just need that one extra day to put together that fancy dress but dates get mixed up and you end up showing up with a paper sign with Netflix written on it taped to your chest while holding a bag of ice claiming to be Netflix N chill. I will make sure everyone has ample time beforehand by announcing dates and advertising to make sure everyone can be ready.
- **POST ESA SOCIAL**
  - Let the hair loose and put aside the books because I will be organizing a post ESA social to finally relax after such a stressful time for all of us. Everyone enjoys going to the Loaded Dog after his or her exams but I want to make another event that is even **BIGGER** and **BETTER**.