

ANDY SHARP FOR WELFARE

Facebook - <https://goo.gl/T3fUoJ> Email – aws10



What have I got planned?

- I will listen to anyone who asks, my ears and my email inbox will always be open for anyone who needs it. I will also expand the Welfare section of the LUSUMA website, including if possible a mechanism for anonymous contact.
- I aim to work as closely as possible with the Medics' Welfare society, teamwork will help us all to do more good with the time we have.
- To create more of a support network. If someone comes to me with a problem and I know someone who has had a similar problem in the past, I'll aim to put them in touch with each other so that they can both help each other work through it.
- To give more attention to International Students. As well as organising the normal dessert-based social, I will try and cover any medicine-related gaps in International Welcome Week. Something I hope to do is to provide more support for common communication difficulties, because of the strange and sometimes overwhelming cultural changes international medics have to face.

What experience do I have?

- First-hand experience of various welfare issues including mental health issues, using the Pastoral Support Unit and university counselling.
- Prior committee experience, I am currently the Vice President and Treasurer of Medics' Revue, in the past I have been its Secretary as well.
- INTROweek experience - I have been a part of two of them, This year I worked slightly too closely with the LUSUMA committee - I had to sleep top-to-toe with Tim on one occasion!

Why should you vote for me?

I think I'm friendly and approachable (apparently, I have one of those faces). I want to make welfare a more open and personal system, as I sadly think that asking for help is more daunting or

embarrassing than it should be and still carries a stigma. I'll also be open to any ideas brought up to improve wellbeing, the more people we have working on this the better. My mum also thinks that a blue rugby shirt would go with my eyes, and I don't think there's any way to prove this besides being elected for LUSUMA!