

LUSUMA Committee Meeting Minutes



Location: LU-Zoom-A:

<https://us02web.zoom.us/j/81457568528?pwd=WjBaWnVTd0lORkxRbElvMVNYTk1FZz09>

Date: 9/4/21

Time: 12pm

Present: SurajG, AlexP, RayK, KianaH, JoyitaS, BethC, HaspreetK, IsabelD, AhmadK LaurenG, LenieZ, SabaK, SusmitD, SuvarnaN, SharonS, JasmineHK, EmmaW

Apologies:

Absent:

Agenda:

1. Welcome

- We're bringin' LUSUMA back, baby!
- Full attendance expected at meetings and LUSUMA socials
- Support each other, work hard, have fun.
- NatMedSoc conference planned for November in Nottingham

2. Your LUSUMA Committee and their roles

- Each role is supported by a member of the exec committee
 - Ray (VPAWS) supports academic, welfare, alumni and elective, charity and volunteering and freshers
 - Beth (VPSS) supports social secs, ball secs, sports sec and grad + mature students rep
 - Suraj (Secretary) supports media and webmaster
 - Alex (President) supports everyone
- Webmaster (SS)
 - Will be updating LUSUMA site and LUSUMA section of SU site
 - In charge of using LUSUMA app for membership validation

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- Media officer (EW)
 - Oversees use of LUSUMA Insta, facebook, twitter and snapchat
 - Currently implementing new subsoc facebook/email guidelines via Media Officer facebook account
 - Insta is getting revamped
 - Committee intro insta posts ready to go around results day (10 Aug)
 - Will create 2021 intake page before results day
 - EW will do some well-being insta posts for 15th/16th May + some posts explaining which committee will be on hand for which slot of the 'Run and talk' sessions for that weekend.

- Grad+Mature student rep (HK)
 - Planning outdoor meeting of 1st+2nd year grads
 - Hopes to create grads WhatsApp group for freshers
 - In charge of organising ChemWeek

- Sport Sec (LG)
 - Various roles including setting up new sports socs
 - Planning to authorise new table tennis club
 - In charge of organising varsity, almost certainly at Nottingham this year. BC is in contact with Notts Sports Sec

- Ball secs (AK + ID)
 - Planning virtual Summer Ball
 - Potential themes: Island Aloha/Mexican fiesta/tropical/beach party
 - See outweek section
 - Freshers Ball: planning to book Stoughton House as per usual
 - Year two ball: Planning a second year ball in early October in Oadby. Essentially a duplicate of freshers ball.
 - Grad ball: being organised by a fifth year
 - Winter ball
 - Potential themes: James Bond
 - Halfway Soiree: currently searching for venues

- Social Secs (LZ + JHK)
 - See OutroWeek section below

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- Hoping for an in-person IntroWeek
- Will work with Suvarna to reply to messages on TheStudentRoom website
- Planning in-person LUSUMA handover meal

- Charity and volunteering (JS)
 - Planning in-person fundraising event e.g. talent show for Spring next year.
 - Suggested producing+selling medical meme postcards
 - Support charity netball tournament
 - Wishes to promote volunteering, e.g. through Project Light
 - Charity selection: will send out full-medical school email to garner suggestions, shortlist by committee, then open up to student body to vote

- Alumni and electives officer (SK)
 - Hopes to continue building contacts amongst F1/2s formerly from Leicester, especially via old intake pages
 - Will make support posts for finalists
 - Awaiting response from medical school re 2021 electives - hoping for this by August

- Welfare officer (SN)

Ongoing

Post-exams

Done

- Planning to run wellbeing weekend on weekend of 15th/16th May. Ideas:
 - Drop-in chat sessions with committee - virtual coffee and cake
 - Run and Talk sessions (throughout weekend) - BC will be helping w/ this and contacting committee members who are happy to help + make a rota for the weekend in advance. She'll then contact EW, so she can advertise this on the insta.

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- Handing out plants to nurture over subsequent months.
(Sun PM)
 - **SN to email accommodation team to ask about using facilities to hand out plants**
 - **SN to look into pot-decorating supplies: Baker Ross do bulk orders of arts and crafts supplies which could be used to decorate pots - Will get on doing this**
 - **JHK to purchase and plant sunflower seeds over the next week. Aim for 40ish seedlings.**
 - Wellbeing instagram posts (throughout weekend) -
Contacted EW, and she's happy to also do some specific posts saying which committee member will be on hand for which time slots for the 'Run and talk's sessions too, so folks know who to expect when they turn up.
 - Online yoga sessions (Sat PM)
 - **BC to email her yoga contact to ask about her availability for that weekend @2-3pm**
 - Coffee+cake could follow this immediately
 - **BC to contact NutriTank to ask if they'd like to put together a wellbeing weekend menu once new committee instated.**
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- Will create TheStudentRoom account to reply to queries on behalf on LUSUMA alongside social secs.
 - Meeting with Sophie Parkinson to discuss future of mental health buddies scheme
 - Coordinating and contributing to booklets for international students, phase II starters, freshers introbooklet
 - Will consider sober social ideas
 - Aunt Shirley (LUSUMA website agony aunt) takes submissions through an anonymous google form.
 - Will edit google form rubric to signpost questioners to website where answers will go up and indicate how long wait is likely to be
 - Liaise with EW to ensure new answers are advertised on instagram page

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- Welfare podcast: hope to produce a couple of episodes before next academic year. Working with Sophie Parkinson on this.
- Academic officer (KH)
 - Hoping to start “study with LUSUMA” sessions around November
 - Continuing work on LUSUMA notes + unlocking brainscape flashcards
 - Qualibuddy scheme (linking people who have previously struggled with exams with those who need mentoring) continuing. JHK will send email about this to second years.
 - Attends SSLC meetings
- Secretary (SG)
 - Will work on IntroBooklet with individuals on committee
 - Responsible for room bookings
- Treasurer (SD)
 - Awaiting sports and subsocs budgets (expected in May following committee handovers)
- VPSS (BC)
 - Subsoc elections to finish in May
 - Coordinating LUSUMA sports kit - unsure whether will continue contract with Viper10
 - Coordinating LUSUMA committee clothing - aiming to deliver professional jumpers by in-person open day on 3rd July
 - Sports awards will be given over post
 - Acquired first aid kits for all sports
 - Planning Run and Talk sessions
- VPAWS (RK)
 - Attending student-staff liaison meetings - nothing to report
 - Arranging sponsorship deals - currently trying to arrange annual deal with common medical sponsors
 - Already has approx £300 for sponsored talk to finalists and various nicknacks for final year goodie bags
 - Has met with officers in VPAWS team
 - Anastomose - majority of student body now signed up.

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- Students can opt to receive emails from sub-socs of choice via anastomose
 - Working with KH to promote QualiBuddies system amongst 2nd/3rd year mentors
 - Working with BC on LUSUMA Committee clothing

- President (AP)
 - Is everywhere, all of the time. Supports and coordinates all other roles.
 - Especially keen to bolster student welfare this year
 - In contact with foundation year and clinical sciences courses.
 - Organising committee training for out of hours emergencies e.g at socials.

3. Events schedule

<ul style="list-style-type: none">★ May<ul style="list-style-type: none">○ Post-exam distress○ Post-exam social★ June<ul style="list-style-type: none">○ OUTROweek★ July<ul style="list-style-type: none">○ Graduation Ball○ Handover Dinner?	<ul style="list-style-type: none">★ September<ul style="list-style-type: none">○ ChemWeek○ International Welcome Week○ INTROweek★ October<ul style="list-style-type: none">○ First Year Rep Elections & Social★ November<ul style="list-style-type: none">○ Pub Golf○ NatMedSoc Conference
<ul style="list-style-type: none">★ December<ul style="list-style-type: none">○ Grad Christmas Meal○ Santa Shot Showdown★ January<ul style="list-style-type: none">○ Refreshers Fair○ Refreshers / Post ESA Social○ Halfway Soirée	<ul style="list-style-type: none">★ February<ul style="list-style-type: none">○ Main Charity Event★ March<ul style="list-style-type: none">○ Winter Ball○ Varsity○ AGM / Elections

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- Post exam distress: see mental health week point in welfare officer section
- Date for 2022 grad ball confirmed for July
- Freshers flood into intake pages around August - entire committee is responsible for answering questions as they come in.
- ChemWeek and International Welcome Week run in parallel week beginning 13/9 (week before introweek)
- NatMedSoc is not compulsory but encouraged
- Santa Shot Showdown may be substituted for something more inclusive - not confirmed

4. OUTROweek

- Will be mainly virtual
- Planned for week beginning May 31st
 - **EW to produce save the date post on insta to notify students about this and the Summer Ball.**
 - Potential activities: Bongo's Bingo/Quiz (decide by poll), Film night, Rounders/netball in Vicky Park and/or Oadby (<30 people - would require SU approval), organise ice cream truck discounts (**LG to look into pricing for this**)
 - Photo challenge running throughout week, with some photos requiring attendance at other OutroWeek events - including a sporting activity
- Virtual summer ball '21: 4th June
 - Mixcloud is the platform used for the Winter Ball previously but this has little scope for interactivity.
 - **AK + ID to consider which platform to use, how to theme it, and how to run this. Liaise with JS to plan channeling proceeds to charity**

5. Any other business

- a. Check everyone is up to date (AP)
 - Everyone has successfully set up email signatures
- b. Email Merger (SD)

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- LUSUMA emails have been successfully linked to our individual emails.
 - **SS to send over video instructions on how to use filters keep LUSUMA emails separate from personal ones for those who want this.**
- c. Anastomose Email Plan (RK)
- See VPAWS section
- d. Gym + TL memberships (BC)
- BC is communication with UoL Sports and Active Life to organise flexible gym memberships for medics on placement.
- e. Sport restart (+ rugby) (BC + LG)
- Universities have not been given specific guidance on reopening their sports facilities. Their facilities are therefore closed for the immediate future.
 - In the meantime, university sports must follow national governing body guidelines for restarting, or follow the rule of 6 if these are not in place. This includes LUSUMA sports.
 - Sports which normally train on university facilities (which are not yet open) will not be given LUSUMA funding for the hire of non-university facilities while waiting for university facilities to open.
 - Sports which usually use Regent's College to train will receive their normal funding for this, providing both the College and the University approve this.
 - If Regent's College have to plans to re-open for sports in the foreseeable future, we will start seeking alternative facilities for clubs which normally train their.
- f. Clinical examination recap for second years (AP)
- Leicester Insight are not running anything apart from the mock osce on this front.
 - LUSUMA to run instructional sessions for current second years to recap clinical examination and clerking skills, alongside a clinical phase Q&A.
 - **AP to coordinate organisation of this**

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g. Sub-soc and sports mailing lists (SG)

- SU can set up mailing lists for all of our sub-societies to contact students who want to receive emails from them.
- We will set this up with Emma from the SU.
- **SG to email Emma to confirm that we'll go ahead with this and establish how to set them up and maintain them.**

h. Setting up regular executive committee meetings with Emma from SU (SG)

- **SG to organise monthly such meetings.**
- All committee members can hop in to these as necessary.